

Professional Clinical Massage & Bodywork Therapy Program

SCHOOL CATALOG VOL.3

*A Serious Education For Those
Serious About Their Career*



Having been a licensed massage therapist for 2 ½ years, I was astounded and somewhat embarrassed about how little I actually knew about getting people out of pain.

After my second class at NCSAB my clients were noticing a change in my quality of touch and direction of my treatments.

The North Carolina School of Advanced Bodywork's philosophy and instructional methods are setting the standard that I hope other massage schools will endeavor to achieve.

This class has literally changed my focus, approach and quality of care that I'm now able to offer my clients. I'm currently receiving 3 times the number of referrals that I used to get.

Thank you so much NCSAB for helping me become the type of therapist I envisioned before coming into the massage & bodywork career field.

RIC "Doc" MICHAEL
SC LMT Lic. #5296

If you are wanting a career in massage and are searching for a great massage school, look no further than North Carolina School of Advanced Bodywork in Fairview, NC. I researched schools in Northeast TN and Asheville, NC, and I found what I was looking for at NCSAB. Kyle Wright and his team of instructors are available, enthusiastic, and more than willing to provide the best training during your six month education period. Plus, they have an open-door policy after graduation. Why is this school different? NCSAB provides training in the benefits of massage and massage therapy techniques, but they also provide in-depth training in soft-tissue pain. The training focuses on muscles that are "locked" short from chronic, excess muscle and nerve tension and muscular imbalances that are connected to musculoskeletal pain, restrictions of body movements, and poor posture. Come sit in on a class. You will be amazed. I am completely satisfied with my choice in schools.

YVONNE GRIGGS

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Message from the President

Over the last 30 years I've had the privilege of being part of one of the fastest growing professions in health care: massage therapy. In 1992 I started my first clinical massage therapy school, which eventually evolved into five schools throughout the Southeast. The well planned curriculum enabled students to graduate with the skills that would make them employable and able to meet the growing demand for clinically trained massage therapists. In the years since starting that first school, I have had the good fortune and freedom to experiment with new approaches to soft-tissue therapy and now the innovative techniques my previously owned schools have been teaching for over 20 years are becoming more widely accepted by mainstream massage educators and practitioners.

During that time, I was founder, chief executive officer and curriculum developer of five *Southeastern Schools of Neuromuscular & Massage Therapy* located in Florida, North Carolina and South Carolina, which I owned and operated successfully with my partners for 20 years. After those years of developing and managing a large administrative and teaching staff I decided to get back to basics and a higher quality of life. In 2007, I sold the five schools to Keiser University and moved just outside of Asheville, in the quaint town of Fairview, North Carolina.

After 5 years in the beautiful mountains of Asheville, NC, NCSAB has moved to a larger market: Charlotte, NC. We are very excited to be able to offer our Structural Bodywork Program where we can ensure it continues to grow in the bodywork community. Not only does NCSAB offer a program that meets the needs for licensure, but takes the student much further into the specific treatment of soft tissue pain due to injury or postural distortion by accessing the central nervous system and getting the client into the parasympathetic "let go" the body needs to receive this work.

Massage Therapy is one of the fastest growing fields in the medical community and we are proud to be able to train therapists to meet those needs with highly employable and marketable skills. A Serious Education for those Serious about their Career!

I am proud to have a strong track record in providing top quality training to new massage therapists which include:

- 8,000+ graduates with extremely high student satisfaction
- Physicians seeking our graduates for their practices
- Many of our graduates have become leaders in the massage therapy field

I ask you, do you want to be on the leading edge of the massage therapy profession and be part of an elite group of bodywork professionals?

If so, the staff at **North Carolina School of Advanced Bodywork** is extremely dedicated to providing you with highly advanced skills that will serve you well in becoming an

integral part of the healthcare industry. For a lot of students their massage therapy education is, with no exaggeration, a life changing experience.

My staff and I have over 60 years of combined teaching experience. Over the last 20 years, we have developed and continuously refined the process of teaching this material to a high art. Our curriculum has been precisely thought out and sequenced allowing the material to be delivered in the most efficient and effective way possible. This efficiency combined with a small, high caliber group of students, allows us to teach you far more than basic state requirements that are often taught at many schools in the country.

Our focus is on you becoming a specialist in managing and resolving significant pain, posture, movement and dysfunction issues for which many people have not found relief.

The **North Carolina School of Advanced Bodywork** reflects our years of education, practice and instruction in clinical massage therapy and structural bodywork. It is a product of our belief that students are entitled to a superior education and individualized training so that they may uphold the professional standards that they continually pursue. The premise of our program is clinical in nature and the school's curriculum expresses our philosophy and interpretations of the neuromuscular and skeletal systems and their relation to the body's structure and function. Rather than attempt to encompass a wide range of massage modalities, **NCSAB** focuses more on specific aspects that I believe to be particularly relevant, such as the proper evaluation and treatment of soft tissue pain and musculoskeletal dysfunction.

Clinical massage therapy and structural bodywork are two different therapy disciplines. *Clinical massage therapy* involves the ability to understand and effectively identify and manipulate the soft tissues of the body for the purpose of reducing chronic, excess muscle tensions that contribute to the onset of pain and dysfunction. It offers an in-depth look at the various causes, symptoms and conditions of muscle tension and the principles to reverse that tension. *Structural bodywork* scientifically tracks down the aches, pains, and dysfunctions that are not sufficiently responsive to the usual localized treatment (at the location of symptoms) of neuromuscular and myofascial structures.

This unique approach to skillful resolution of chronic muscle tension and the problems it causes is the primary skill you'll be developing here at NCSAB. This skill — and the related knowledge — is what will set you apart from many, if not most, of the therapists practicing today.

Our curriculum contains pertinent information structured in an easy-to-follow format to assist in facilitating the student's learning of the muscles, origins, insertions, functions, pain referral patterns associated with each muscle, clinical notes for discussion and reference, patient positioning, and treatment strategies.

It is with great pleasure that we share our knowledge, experience, and practical skills with you. I commend you for inquiring about our course of study and the massage therapy profession, and I sincerely hope that together we may continue to enlighten the world about the value of massage therapy in our health care system today and into the future.

Respectfully,



Kyle C. Wright, LMBT, NCTMB



Your Career ...



as a Licensed Massage and Bodywork Therapist

There are no set parameters used to describe the individual destined for a massage therapy career.

A career as a massage therapist could very well be the end of your journey or just the beginning. You may graduate, obtain your license and open your own practice or find a place within an already established massage therapy business and find the security you're looking for. You may decide to continue on in your education, furthering your knowledge and expanding your professional boundaries. You may find you have a truly unique gift and be empowered to share it with others.

Whatever path opens before you as a result of your ambition to seek out a massage therapy education, you can rest assured it will most likely be a fruitful one. A career in massage therapy is flexible and personally rewarding. Occupational opportunities for skillful massage therapists are amazing in today's environment of growing health awareness. According to the *Bureau of Labor Statistics* employment of massage therapists is expected to increase by 19 percent from 2008 to 2018, faster than the average for all occupations. Employment will continue to grow as more people learn to seek massage therapy as a noninvasive approach to stress reduction and improve overall health and well being.

The following are just a few examples of career paths which licensed graduates of NCSAB are qualified to pursue:

- Self-employment in private practice.
- Employment with physicians in a variety of health care offices specializing in orthopedic rehabilitation, physical medicine, chiropractic, osteopathy, neurology and podiatry.
- Internships learning the art of teaching massage and bodywork therapy.
- Employment in many health related facilities such as health clubs, spas, and resorts.



“I am a therapist and own my own practice in Ponte Vedra Beach, Florida. I get to help change and improve people's lives on a daily basis. It's the most satisfying and rewarding way I could ever hope to make a living. Graduating from one of Kyle's former schools made all these opportunities possible. It really did change my life.”

CHAD JASMINE,
LMT, NCTMB
PONTE VEDRA BEACH, FL

Introduction to NCSAB



History

Kyle C. Wright, founder and owner of North Carolina School of Advanced Bodywork, Inc. is a practicing massage therapist with over 30 years of experience and a published author: “Structural Balancing: A Clinical Approach”.

NCSAB is dedicated to the idea that an education can be fun while preparing the student with some of the most highly **marketable** massage skills and techniques available. NCSAB offers advanced training in massage therapy; providing students with broad employment options upon graduating and licensing. NCSAB blends the highly requested clinical program with the ease and comfort of a talented and experienced faculty making it a truly life changing experience.

Mission Statement

North Carolina School of Advanced Bodywork is dedicated to providing a safe and nurturing environment for each individual student to gain the knowledge and practical application of clinical massage therapy and structural bodywork.

Facility

The North Carolina School of Advanced Bodywork is located in the Charlotte, North Carolina. The facility itself is open and spacious providing a wonderful environment for class size up to 20 including plenty of room for lectures, hands-on instruction, and clinical internship.

Portable massage tables, audiovisual equipment, digital presentations and many anatomical charts and tools are utilized for enhanced learning. A reference library is available for students, graduates and staff to use.

NCSAB is located on Tyvola Road in the Highland Business Park, 1/4 mile from I-77, Exit 5. We are 5 miles southeast of downtown Charlotte. The school has easy access to freeway, food, banks,

Lynx Line (walking distance from Tyvola Station), hotels, as well as the Charlotte/Douglas Airport.

Administrative Staff

North Carolina School of Advanced Bodywork is a North Carolina Chartered Corporation and is held in ownership by:

Governing Body

President / Owner

Kyle C. Wright, LMBT

Co-Owner

Diwakar Nagula, D.O.

Campus Director

Kimberly Williams

Curriculum

Director of Training

Kyle C. Wright, Director of Training
David Phillips, M.S., LMBT, Instructor
Lauren Liechti, LMBT, Instructor

Our Professional Program



Program Overview

Further down the road in a shorter amount of time...

The program at NCSAB, developed and refined over the past 20 years, utilizes a one-of-a-kind curriculum and course structure enabling a student to become a member of an elite group of bodywork professional in only 6 months. The training methods and curriculum has been precisely thought-out and sequenced allowing the material to be delivered in the most efficient and effective way possible.

Each class Monday through Thursday is uniquely structured to cover a specific course curriculum. **This structure also offers current licensed massage professionals a low cost, flexible opportunity to increase their clinical skills and earning potential by taking only the clinical courses on Wednesday/Thursday specifically.** The following information gives a brief daily program description:

Monday

Therapeutic Swedish Massage and Allied Modalities

The objective of this course is to familiarize the student with the basis from which most forms of massage are derived. The student will learn how massage is important and effective through discussions of the history and theory of massage and by experiencing the beneficial value through hands-on table work. Each student will learn how to successfully employ all of the fundamental strokes for a 1 hour massage routine commonly used in spas and resorts. Further instruction will lead the student into a more creative and intuitive massage that represents their individuality. This class will cover both Western and Eastern modalities, introducing students to several massage techniques beyond Swedish massage such as Thai massage, reflexology, and hot stone massage. Additional topics covered are aromatherapy, hydrotherapy, ethics, NC state laws and business practices. As well as, draping, body mechanics, indications/contra-indications, pathology, somatic psychology, and many hours of supervised hands-on time to practice with fellow students.

Tuesday

Anatomy and Physiology I: Body Systems and Pathology

Participation in this class will introduce the student to the body's major systems. A great deal of attention will be placed on the structure (anatomy) and function (physiology) of the human body. Discussions on how each system functions individually, with special emphasis on its relevance to the practice of massage therapy will be integrated into the lecture. In addition, an introduction to Eastern Anatomy and Physiology theory will be covered including Meridian theory with emphasis on Yin and Yang, the transformational elements, the understanding of Chi, or Prana, as well as the Ayurvedic chakra system.



*“I have been utilizing
massage therapists from
[Kyle Wright’s Schools]
for many years and
in my opinion, their
students are by far, the
best in the business.”*

STEPHEN M. BRENNAN, D.C.
CHIROPRACTIC PHYSICIAN
CHARLOTTE, NC



Wednesday

Anatomy and Physiology II: Functional Anatomy

This course covers in great detail the entire muscular system and how each muscle can play a role in pain. We will spend from 3 to 7 weeks in each specific muscle compartment (i.e. Posterior Lower Extremity Compartment). The objective of this course is to provide the student with an academic and tactile knowledge of the body planes, bony landmarks and the muscular and skeletal systems. Through PowerPoint presentation, engaging lectures and demonstrations students will gain an in-depth knowledge of muscle attachments, actions, pain patterns, body movement and joint restrictions. The development of this course is to ensure the student's understanding of the most common pathology, disc-related issues, and pain that they will be treating in their practice.

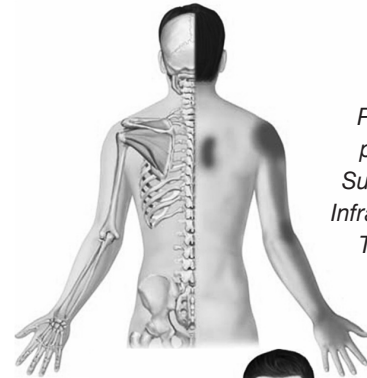
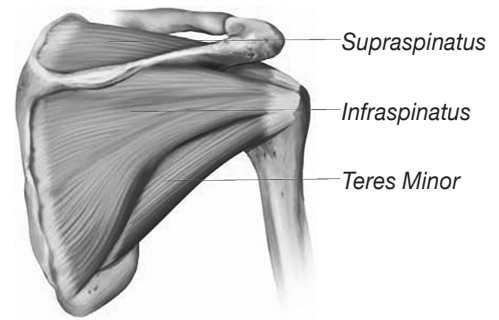
Thursday –

Clinical Massage and Structural Bodywork

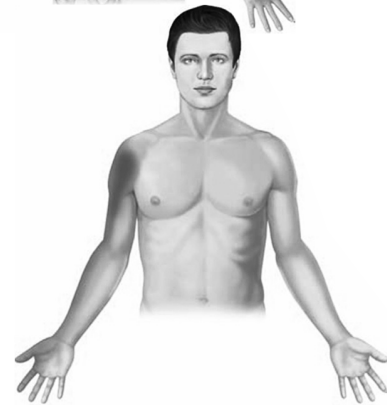
The objective of this course is to expand the student's knowledge from the previous day. The subject matter of Clinical Massage and Structural Bodywork focuses on postural imbalances and faulty body mechanics that introduce or perpetuate painful conditions within the body as well as focusing on pain management and reconditioning for sustained injuries.

This course discusses visualizing and analyzing the positioning of the client's bones in space and their relationship to each other. This course goes further in detail, by providing each student with the ability to identify and treat postural distortions and muscular imbalances that often result in faulty movement patterns, joint restrictions and debilitating pain cycles.

This course also offers an in-depth look at the various causes of muscle tension and provides insights into how it can be prevented and how it should be treated, how muscle tension directly and indirectly causes specific conditions and symptoms and the treatment strategies for reversing it. The skills learned within this class are invaluable as the demand for pain intervention becomes a more prevalent necessity within today's society.



Pain referral patterns for Supraspinatus, Infraspinatus and Teres Minor



The photos below are a few examples of treatment strategies that will be taught on Wednesday and Thursdays

Schedule and Tuition Overview

Class Calendar – 2015- 2017

Term	Class Begins	Class Ends
Spring 2015	March 9, 2015	August 20, 2015
Summer 2015	June 8, 2015	November 19, 2015
Fall 2015	August, 31, 2015	February 25, 2016
Winter 2015	November 30, 2015	May 26, 2016
Spring 2016	March 7, 2016	August 18, 2016
Summer 2016	June 6, 2016	November 17, 2016
Fall 2016	August 29, 2016	February 23, 2017
Winter 2016	November 28, 2016	May 25, 2017

Class Schedule

Monday – **Therapeutic Swedish Massage and Allied Modalities**
 Tuesday – **Anatomy and Physiology I: Body Systems and Pathology**
 Wednesday – **Anatomy and Physiology II: Functional Anatomy**
 Thursday – **Clinical Massage and Structural Bodywork**
 Friday – Last 3 Months – **Student Clinic Experience**

Full-Time Classes - 24 Weeks

Monday – Thursday, 9:00 a.m.– 2:00 p.m.*

* (Student Clinic will begin at mid-term)

Holidays Observed

Labor Day, Thanksgiving, Christmas, New Years. Memorial Day, Independence Day, Martin Luther King, Jr. Day

Tuition And Fees

Application Fee	\$75.00
Texts and Supplies	\$300.00
Oakworks Table	\$425.00
Tuition	\$7,200.00
TOTAL	\$8,000.00

Financial Assistance

Is available through a variety of flexible Installment Payment Plans
 Please make an appointment to discuss your options.

Any information in this catalog is subject to change without notice.

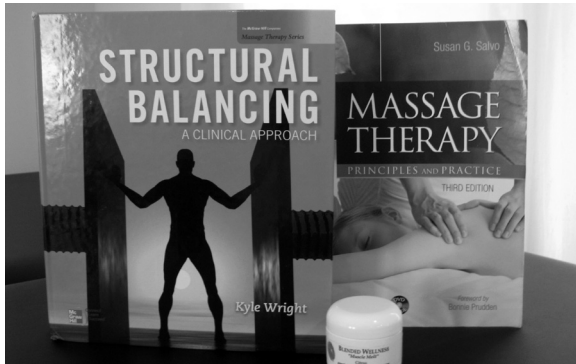


“Over the past 15 years, I have had the privilege of working with a number of graduates of Kyle Wright’s schools of Clinical Massage Therapy. I am engaged in a pain management practice and have found the technical support people who are graduates of Kyle’s schools to be exceptionally well trained and of immeasurable help in an integrated pain management program. They have an excellent knowledge of Anatomy and Physiology and their training in Clinical Massage Therapy is very beneficial to my patients who undergo a comprehensive therapy program following injury.”

SANFORD Z. POLLACK, DO
 PRESIDENT ELECT, AMERICAN COLLEGE
 OF OSTEOPATHIC PAIN MANAGEMENT &
 SCLEROTHERAPY; FELLOW, AMERICAN ACADEMY
 OF DISABILITY EVALUATING PHYSICIANS;
 DIPLOMATE, AMERICAN ACADEMY OF
 PAIN MANAGEMENT; BOARD CERTIFIED,
 FAMILY MEDICINE; MEMBER, AMERICAN
 ASSOCIATION OF ORTHOPEDIC MEDICINE

Curriculum

In general, the educational objective of the Clinical Massage and Bodywork Therapy program is to produce a balanced therapist. Graduates of **North Carolina School of Advanced Bodywork** will possess their own mix of skill, knowledge, intuition and caring. By philosophy, the school focuses primarily on only two modalities of bodywork: Clinical Massage & Structural Bodywork, and Therapeutic Swedish Massage with Allied Modalities. Our rationale is that to become specialized in pain-relieving therapies a student must learn more and more about less and less. Furthermore, in all our contact with the student in and out of class, our school strives to teach and uphold professional ethics, dress and appearance, communication skills, business practices and protocols.



Kyle Wright's newly released book *Structural Balancing, A Clinical Approach*, published by McGraw-Hill Publishing is the primary textbook that is used for the Functional Anatomy and Clinical Bodywork curriculum. This clinical textbook was written for massage therapy students as well as physical therapy and chiropractic students.

Each chapter contains pertinent information structured in an easy-to-follow format to assist in facilitating the student's learning of the muscles, origins, insertions, functions, and myotomes. Pain referral patterns associated with each muscle, clinical notes for discussion and reference, patient positioning, and treatment strategies are all included.

The Professional Clinical Massage and Bodywork Therapy Program totals 500 clock hours of instruction which includes 40 hours of practical student clinic experience. One clock hour is equal to 50 minutes of instruction and 10 minutes of break over a 5 hour period. Completion and graduation must occur within 750 hours of starting classes (1.5 times the length of our Program).

Full Time Program - 24 Weeks (Six Months)

Students will be attending classes Monday through Thursday for 24 weeks. In addition, after the first 3 months, the passing of the Swedish midterm evaluation and meeting all clinic entrance requirements, the student will participate in the clinical practicum.

Student / Instructor Ratio : 16/1 (maximum)

Course Descriptions

Therapeutic Swedish Massage and Allied Modalities (100 hrs)

The objective of this subject is to introduce and familiarize the student with the history and theory of massage. Through extensive discussion and hands-on table work the student will learn how important an effective massage can be. The student will learn a typical 60-minute massage routine commonly used in spas and resorts and employ all of the basic strokes in massage. A thorough understanding of the theory of touch and its impact on the body's systems will be expected. In addition to Western theory the class will also cover Eastern modalities, as well as several other massage techniques. Areas of study may include:



- Myofascial Release
- Thai Massage
- CranioSacral Therapy
- Chair Massage
- Spa Modalities
- Client Charting
- Reflexology
- Acupressure
- Stretching / Movement Therapy
- Hot Stone Massage
- Eastern Modalities

Business Practices for Massage and Bodywork Therapy (20 hrs)

This course addresses the non-clinical aspects of the Massage Therapy Profession. Areas of study will include: Developing a practice, self employment, marketing, taxes and time management.

Professional Ethics and North Carolina Laws and Rules (15 hrs)

The objective of this content area is to establish professional and legal standards of conduct expected of a member entering the massage profession. The North Carolina laws and rules governing massage, and the NCBTMB Code of Conduct and Ethical Standards will serve as texts. Areas of study include:

- NC Laws & Rules/Ethics & Professional Development
- Clinical Documentation
- Business Practice and Management
- Client Charting/Confidentiality

Theory and Practice of Hydrotherapy (5 hrs)

The objective of this subject is to familiarize the student with the principles and practical application of the thermal effects of water and how it can be integrated with massage treatments.

Body Mechanics (10 hrs)

This course addresses the issues of the tableside body posture of the therapist and the proper use of hands, forearms and other body parts

to treat with minimum physical stress.

Origin and History of Swedish Massage (3 hrs)

This course explores both the Eastern and Western contribution to the Massage profession of today. The names and contributions of important figures in the history of Massage will be researched and discussed.

Draping Procedures (3 hrs)

This course teaches proper protocols of draping techniques to ensure clients comfort and protection of modesty at all times. This is an important part of achieving the client's relaxation and acceptance of bodywork techniques..

Anatomy and Physiology I (90 hrs)

The objective of this subject is to introduce the student to the body's major systems, its structure (anatomy) and function (physiology). The student will learn how each system functions individually, with special emphasis on its relevance to the practice of massage therapy. Attention is given to common pathology of each system and its impact on appropriate massage protocol as well as contraindications to massage.

In addition, a thorough investigation of Eastern Anatomy and Physiology theory is covered. Study will include Meridian theory with emphasis on Yin and Yang, the transformational elements, the understanding of Chi, or Prana, as well as the Ayurvedic Chakra Systems.

Pathology Of The Systems (20 hrs)

The objective of this course is to provide the student with information regarding the diseases associated with each organ system in the body. These pathologies will be aimed at associating the disease as it applies to the practice of Massage Therapy.

Somatic Psychology (20 hrs)

This course addresses issues regarding the line between the physical and the psychological body. Issues brought to the forefront by the personal nature

of the therapist/client relationship. Techniques for more effective communications will be presented. Conflict resolution and “at risk” situations are topics dealt with.

Hygiene and Disease Control (3 hrs)

This course presents information regarding procedures and equipment that result in a sanitary environment for the massage session.

Indications and Contraindications (3 hrs)

This course teaches identification of indicated and contraindicated conditions. Information regarding research of pathologies as they relate to the application of bodywork techniques will be presented. The decision making process as to whether to treat or not is discussed. Common pathologies are discussed.

Functional/ Palpatory Anatomy (45 hrs)

The objective of this course is to provide the student with a thorough hands on knowledge of the body planes, bony landmarks and the muscular and skeletal systems. Through power-point presentations, engaging lectures, instructor demonstrations and supervised palpatory trades, students will gain an extensive knowledge of muscle, skeletal joint movement, and the pain patterns associated when soft tissue is the root cause of myofascial dysfunction.

Pathology for the Musculoskeletal System (20hrs)

The objective of this course is to cover diseases associated with the muscles/joints/tendons and ligaments. These pathologies will be considered as they pertain to the practice of Massage therapy and be assigned as indicated or contraindicated for massage therapy.

Clinical Massage Therapy and Structural Bodywork® (100 hrs)

This course focuses on postural imbalances and faulty body mechanics that introduce or perpetuate painful conditions within the body as well as focusing on pain management and reconditioning for sustained

injuries. This course offers an in-depth look at the various causes of muscle tension and provides insights into how it can be prevented and how it should be treated, how muscle tension directly and indirectly causes specific conditions and symptoms and the treatment strategies for reversing it.

Client Assessment Skills (3 hrs)

This course addresses the communication between the client and the therapist and how the information derived from this communication is shaped into an assessment used in developing a treatment plan.

Clinical Practicum (40 hrs)

The objective of this practicum is to provide each student with real-life experiences within the massage therapy field. This course begins at mid-term, after completing the first half of training, to ensure ability and confidence. Students will participate in scheduled clinical sessions where they will be required to schedule appointments, perform call backs, greet clients, review client intake forms, perform a one hour massage and effectively close-out the session with client payment and evaluation.

All clinical practicums are fully supervised and are designed to be fun and informative.

Total Clock Hours – 500

Faculty And Staff

Kyle C. Wright, LMBT

Director of Education

Instructor of Functional Anatomy & Clinical Bodywork

Kyle Wright is the founder and president of the North Carolina School of Advanced Bodywork, Inc.. His new school's curriculum and health care facility is devoted to the treatment and ongoing clinical research of postural-related problems, muscular imbalances and myofascial pain.

As the primary hands-on instructor of functional anatomy, kinesiology, soft-tissue pathology, and clinical treatment strategies, Kyle also maintains a private practice at the **NCSAB** and offers regular continuing education seminars for the *National Certification Board for Therapeutic Massage and Bodywork*. He teaches a variety of postgraduate training courses to further educate licensed therapists in the evaluation and treatment of structural imbalances and musculoskeletal pain.

Kyle's **NCSAB's** curriculum was initially developed in 1992, when he cofounded his first of five *Southeastern Schools of Neuromuscular and Massage Therapy, Inc.*, in Jacksonville, Florida. There he developed the clinical and practical portion of the clinical massage therapy and structural bodywork curriculum. Kyle wrote and self-published the manual *Clinical Neuromuscular and Structural Bodywork*, which served his former students of the *Southeastern Schools* for the past 18 years.

He also cofounded the *Southeastern Schools of Neuromuscular and Massage Therapy, Inc.*, in Charlotte, North Carolina, and in Greenville, Charleston, and Columbia, South Carolina. In 2005 two of his schools were awarded School of Distinction Awards by the Accrediting Commission for Career Schools and Colleges of Technology (ACCSCT).

In 2007, after selling the Southeastern Schools to Keiser University and two Wright Centers of Advanced Bodywork practices to his loyal and long-standing therapists of 20 years, Kyle shifted his energy to fulfill his dream of living in and operating his new school in the health- and wellness-minded area of western North Carolina.

Kyle's massage career started in 1984 when he graduated from the Suncoast School of Massage Therapy, Inc., in Tampa, Florida. He had the privilege of learning from and assisting Paul St. John, LMT, in the instruction of the St. John Seminars from 1986 through 1991 while maintaining his practice at the Jacksonville Neurological Clinic for 6 years.

Kyle went on to work at the North Florida Center for Head, Neck and TMJ.

In 1988, Kyle opened up two "Wright Centers of Advanced Bodywork" centers in Jacksonville and Ponte Vedra Beach, Florida, becoming one of the first providers of clinical bodywork in the community. His vision still lives today as The Wright Centers are successfully operating after 25 years.

Kyle's continual commitment to the field of bodywork has given him the opportunity to work in conjunction with many physicians specializing in neurology, orthopedics, podiatry, radiology, chiropractic, and dentistry. He has also worked with many of the industry greats in athletic training and physical therapy and nationally renowned massage therapists. He served as an instructor on the teaching rotation of the Complimentary/Alternative Medicine (CAM) curriculum at the University of North Florida in Jacksonville, Florida.

Kyle continues to travel and work with the worlds' top professional golfers playing on the PGA and European tours. His treatment strategies include cardio training, light workouts, and stretching 3 hours before their tee times and massage and bodywork in the evening to enhance their peak performance.

Kyle was honored to be selected as Massage Therapist of the Year by the Florida State Massage Therapy Association in the North Florida Chapter in 1992. He has been a speaker at:

- The National Convention for Osteopathic Medicine
- The Florida Chiropractic Convention
- The Florida State Massage Therapy Convention
- The Mayo Clinic, Physical Therapy Department, in Jacksonville, Florida
- National certification courses for strength and conditioning coaches and trainers

Kyle is a 25 year member of the *American Massage Therapy Association* and *Florida State Massage Therapy* associations.

David Phillips, M.S., L.M.B.T.

David Phillips graduated with honors in May of 2003 from the Southeastern School of Neuromuscular and Massage Therapy in Charlotte, NC, which was founded by Kyle Wright in the early 90's. David's innate curiosity and interest in human anatomy & physiology called him to continue his studies, and his passion for this work called him to teach. Kyle recognized David's talent as David taught for Southeastern Schools for several years.

NCSAB is honored to have David back with Kyle teaching Anatomy & Physiology 1 (organ systems) & Anatomy & Physiology II (musculoskeletal systems and movement.)

David completed "The Spirit of Learning" a massage therapy teachers training program so he would be able to deliver a higher-level educational experience to his students.

David's ability to engage his students in discussion, present material in an interesting and informative manner is anecdotal evidence of efficacy. He is all about helping our students reach their goals so they may continue their path to superior competency in the field of clinical massage therapy.

David's students will benefit from his examples of professionalism, skill and compassion, which make him a great fit for our staff at The North Carolina School of Advanced Bodywork.

David continued his studies with Tom Myers, author of Anatomy Trains as well as achieving his Bachelors of Science Degree in Alternative Medicine at Everglades University. He also furthered his studies receiving his Masters Degree in Kinesiology from Kinesis Myofascial Integration (KMI). David is also certified to practice the ROLF method of structural integration. Moving forward with his desire to work with athletes and their performance, David has become an NASM Certified Personal Trainer. David feels that movement is life and his athletes depend on his knowledge and skill to keep them achieving peak performance. You, his student, will greatly benefit from his wealth of knowledge. Together, David and Kyle continue to work together to deliver a superior foundational program all along advancing you, the student, with a higher-level understanding of muscular imbalances that are often the

root cause of faulty posture and musculoskeletal pain.

David is a natural leader and you will be confident in your steps as a new therapist, having him and our other highly experienced faculty members leading the way! Your learning process here at NCSAB will separate you from many in the massage therapy industry.



Lauren Liechti, L.M.B.T.

It was through the study of Yoga that peaked Lauren's interest in the human body. She immersed herself and became a Yoga instructor. It was through that forum that she was introduced to the field of massage therapy. She attended and graduated from the Southeastern School of Neuromuscular and Massage Therapy of Charlotte in 2000. She exhibited such a desire to teach that she stayed on in many capacities until she was qualified to teach. And teach she did!

Lauren was instrumental in curriculum development and delivery of our therapeutic "Swedish" massage classes, Allied Modalities classes, as well as teaching Somatic Psychology. Lauren is up to date on all compliance requirements as well as state law and will ensure, you our student, are immersed in leading edge skills and techniques. A born leader, Lauren supervised our faculty, providing them with the support they needed to be effective instructors. She managed our student clinic and our students benefited from Lauren's experience working with Massage Envy, Hot Springs Spa and Resort as well as her own private practice. A desire to move forward and continue to learn, Lauren recently, in 2013, earned her certification in Esalen®. As a giver and receiver of this craft, Lauren believes that we live in a world of many demands and restoring the body/mind/spirit is a great gift from one human being to the.

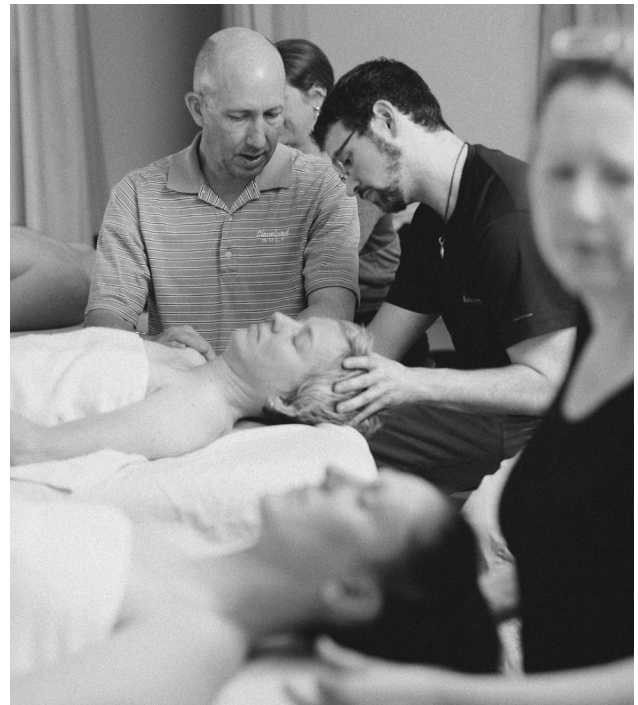
Kimberly Williams, Campus Director

Kimberly and Kyle have worked together for over 20 years in massage therapy education, beginning with his first school, Southeastern School of Neuromuscular and Massage Therapy in Jacksonville, FL.

In the early 90's she relocated to Charlotte to open his second of five schools.

In 1994 there were only 5 states licensing massage therapists and NC was not one of them. Kimberly joined a committee of therapists and school owners interested in bringing licensure to NC. This group held town hall meetings across the state to inform therapists and the public of the need for licensure in this profession if we were to meet the needs of the medical community. This committee wrote the law that exists today to license new therapists. In 2001, Kimberly took that school through the accreditation process to become accredited by the Accrediting Commission for Career School and Colleges of Technology (ACCSCT) and maintained that accreditation through the sale of that school to Keiser University and continued with that organization until 2011.

It was at that time she recognized her desire to get back to the specialized training Kyle had to offer and rejoined him in Fairview, NC after he opened NCSAB in 2009. After 5 years in Fairview, Kyle found that he wanted to reach more people in a larger market to ensure this work would continue to grow in the bodywork community and Kimberly brought the school to its current location in Charlotte, NC. With over 20 years experience leading students to licensure, you can be sure that she can answer any question you come up with. She will walk you through taking the state board exam, completing your license application and helping you search and find the perfect job for you in the field. We are proud to have Kimberly leading the way!





Program Information

Admission Requirements

All applicants for admission must have graduated high school or have equivalent qualifications.

Additional Requirements for Admission:

- U.S. citizen (or have a valid visa or have been granted permanent residence)
- 18 years of age or older
- Possess a high school diploma or GED
- Is physically and emotionally ready, willing and able to adhere to the requirements set forth by the **North Carolina School of Advanced Bodywork, Inc.**
- Is willing and able to give and receive massage techniques within a class room setting.

North Carolina School of Advanced Bodywork

reserves the right to deny admission to:

- Any person who has been convicted of a felony.
- Any person who has emotional or physical limitations that could be unsafe for the therapist or the client.
- Any person who has been dismissed due to attendance violation, gross misconduct or academic failure.
- Any person falsifying information.

Prospective students are always encouraged to visit the campus for questions or assistance.

North Carolina School of Advanced Bodywork does not discriminate regarding ethnicity, color, creed, gender, sexual orientation, and/or religion. Training by NCSAB is offered to those who meet entry requirements.

Application Process

When to Apply:

Applicants are encouraged to begin the application process as soon as possible. Class sizes are limited and often fill up fast. A one month grace period

prior to the class start date is recommended to allow adequate time to complete all requirements and submit needed documentation.

How to Apply:

- Complete and submit an application for admission. Applicant must include appropriate application fee.
- Upon receiving notification of receipt of the application a personal interview with an admissions representative will be scheduled. This is required to assess each applicant's qualifications and to assist with the enrollment process.
- Each applicant must submit official high school transcripts, diploma, or proof of equivalency.
- Recommendation letters are required and should be sent directly to the school. One must be from a licensed health professional.

Send or email to:

NCSAB

820 Tyvola Road, Suite 203, Charlotte, NC 28217

P: (980) 224-8449 E: admissions@ncsab.com

W: www.ncsab.com

Notification of Admission:

Candidates accepted into the program will be notified promptly in writing. Within 14 days of receiving acceptance letter, the candidate must either return the enclosed enrollment packet by mail or schedule an appointment with the admissions representative for enrollment advisement. Applicants requiring financial assistance must enroll in person.

Deferring Admission:

Applicants who have been accepted into the program reserve the right to defer their admission to a later class. Requests for deferred entrance must be made in writing within 14 days of the issuance of acceptance letter. Admission can only be deferred up to 6 months, after the 6-month deferral, applicant must reapply entirely; beginning with a new application.

Declining an Offer of Admission:

Applicants who decide not to enroll must notify the school in writing of their decision within 14 days of receiving acceptance letter.

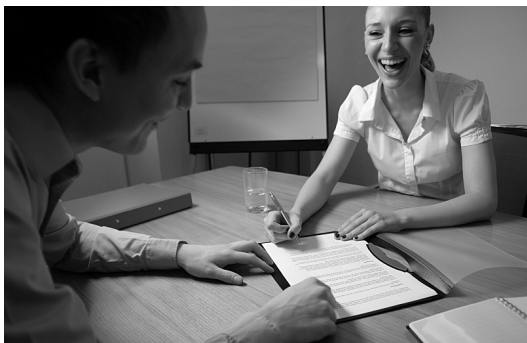
Transfer Applicants

Applicants transferring from other schools must complete regular application procedures and supply the following documentation:

- Letter of good standing from the previous school attended
- Official transcript and course descriptions
- Achieve a minimum of a C grade on a prescribed examination.
- A short essay explaining why they wish to transfer to NCSAB
- A \$75 administrative fee will apply

The appropriate administrative representative will evaluate applicants seeking advanced standing for prior course work.

Admissions And Registration



Open Houses And Tours

A visit to the North Carolina School of Advanced Bodywork is always encouraged and recommended. It is a vital part of the decision making process when preparing to choose a school. Prospective students are welcome to tour the facility.

Individual appointments are required to speak with administrative/admissions staff at length to review all options and receive assistance. Please call the school for any further information.

Admission After Voluntary Withdrawal From School

Any student who has voluntarily withdrawn from the school, wishing to re-enter the program, will be required to enroll under the terms of the most current policies. In addition, applicants must submit confirmation of successful resolution of their withdrawal circumstances. All withdrawals for medical reasons must also include physician documentation. The student will be subject to any and all cost increases or program changes since their previous enrollment.

Statement Of Non-Discrimination

The North Carolina School of Advanced Bodywork does not discriminate on the basis of race, religion, age, disability, gender, sexual orientation, or national origin in the administration of its educational and admissions policies, scholarship and loan programs, or other administered programs.

Reasonable Accommodations For Students With Disabilities

North Carolina School of Advanced Bodywork will attempt to provide reasonable accommodations to students with documented disabilities enrolled in the North Carolina School of Advanced Bodywork's Professional Clinical Massage and Bodywork Therapy Program. Reasonable accommodations will be determined on an individual basis and are dependent upon the following:

- Budgetary constraints
- Available resources- i.e. faculty and other qualified personnel, facilities, special equipment, etc.
- Ability to provide reasonable accommodation without infringement upon the rights of other students in the program

Administrative Fees

- Late fee (per incident) if installment payments are not received as scheduled \$25 flat fee
- Re-admission fee \$75 flat fee
- Transfer applicant fee \$75 flat fee
- Returned check fee \$35 flat fee
- Missed clinic session \$30 per session
- Tutorial services \$30 per hour
- Official transcript fee FREE
- Overdue library books \$0.50 per day

Administrative fees are subject to change as policy warrants.

Tuition

The Professional Clinical Massage and Bodywork Therapy Program at North Carolina School of Advanced Bodywork is a 500 clock hour certification program. A clock hour is defined as a 50-minute block of instruction and a 10-minute break. The total cost of the program is \$8,000.00 which consists of an application fee (\$75.00), textbooks and supplies (\$300.00), Oakworks Wellspring Table (\$425.00), and tuition (\$7,200.00). Tuition is based on a per clock hour charge. This calculates to \$14.40 per hour of instruction.

Financial Options:

1. **Payment in full** before 1st day of class.
2. **Payment of application fee, textbooks and supplies, MT Table, and one half tuition** upon enrollment (\$4,400.00). A payment of second half tuition due at half way point (\$3,600.00 plus 8% simple interest on balance).
3. **Monthly Installment Plans**

Installment Plans

Installment plans are available to those students who are unable to make full payment at the time of enrollment. A down payment must be made at time of enrollment, and

one of the following installment plans selected. There is no prepayment penalties regardless of the installment plan selected. Prospective students who desire to utilize installment plans to pay for tuition should discuss this with an admissions representative prior to enrollment.

Monthly Installment Plan

The minimum Down Payment needed is \$1,500.00. (You may put down more and your monthly payments will be smaller).

\$75.00 - Application fee

\$425.00 - Oakworks Wellspring Table

\$1,000.00 - Initial Tuition Payment

\$1,500.00 - TOTAL MINIMUM DOWN PAYMENT

Add to the Remaining Balance (RB) of \$6,500.00, a simple interest charge of 8% = \$520.00 for a total RB of \$7020.00. This RB may be divided into 6 months (\$1,170.00/mo) and graduate paid in full - OR - You may divide the RB into 12 months (\$585.00/mo) and you will receive your Certificate and Transcript upon payment in full.

All monthly payments will be due the day designated on the enrollment agreement and considered late on the tenth business day thereafter. Late payments are subject to the appropriate fee as listed in "Additional Fees" section of this catalog. All tuition down payments are due at time of enrollment. NCSAB will consider other custom payment plans presented by the applicant.*

* *Tuition down payments must be a minimum of \$1,500.00 and are due at time of signing the Enrollment Agreement.*

A North Carolina School of Advanced Bodywork Certificate of Completion and an Official Transcript will be awarded to the graduate when all academic and financial obligations are fulfilled.

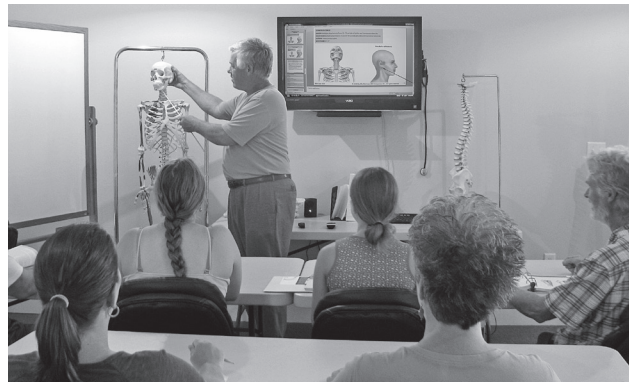
Cancellation And Refund Policy

Should the student be dismissed, withdraw, or cancel this contract for any reason, all refunds will be

made according to the following refund schedule:

1. Notification and request for refund must be submitted to NCSAB administration in writing, either in person or by Certified Mail.
2. All monies will be refunded if the applicant is declined for enrollment into the program or if the student cancels this contract within three (3) business days after signing the enrollment agreement and making initial payment.
3. Applicants who have not visited the school prior to enrollment have the opportunity to withdraw without penalty within three business days following either the regularly scheduled orientation procedures or following a tour of the school facilities and inspection of equipment where training and services are provided
4. Cancellation after the third (3rd) business day, but before the first class, will result in a refund of all monies paid with the exception of the \$100.00 application / administrative fee.
5. Withdrawal or cancellation after attendance has begun, but prior to 60% completion of the program, will result in a pro rata refund computed on the number of hours completed to the total course hours with the exception of the \$100.00 application / administration fee.
6. Cancellation after completing 60% of the program will result in no refund and the balance of your contracted tuition is due in full.
7. The termination date for refund computation purposes is the last date of actual attendance by the student.

Refunds will be made within 30 business days from receipt of a written cancellation notice.



Policies And Procedures

Attendance

The North Carolina School of Advanced Bodywork's emphasis on excellence requires 100% attendance of all classes. When enrolling at NCSAB, the student is committing to full participation in the program. North Carolina license requirements demand that the student attend all scheduled classes in order to receive the necessary 500 clock hours. We also strive to prepare the student to enter the work force with the discipline and attitude necessary to obtain and maintain effective employment. However, if a student is unable to attend a class due to an unforeseen circumstance, the following policies, procedures and fees apply.

Absence / Make-Up

Students will be marked absent/tardy if they do not attend class, arrive after the start of class, or leave before class is dismissed. No credit for hours will be given to students who are present but do not participate in the massage technique, or "hands-on" portion of classes. Strict attendance records will be kept. All NCSAB classes will begin on time as published.

If a student is absent:

- 3 Classes – Student must sign a notice of probationary warning
- 4 Classes – Student will begin probation period
- 5 Classes – Student will sign a final probationary warning
- 6 Classes – Student will be deferred or dismissed at the discretion of the Director of Administration

Students are responsible for notifying the school and/or the instructor regarding an absence or tardiness. Every hour missed in class will be made up through class make up assignments. The make-up assignment will be placed in the student's mailbox. All make up assignments must be completed prior to entering the class the following week. If the student fails to comply, the student will be placed on attendance probation. The student will have one additional week to turn in the assignment. If the student fails to comply, the student will be dismissed or deferred. The Director of Administration will consider each individual on a case-by-case basis.

Tardiness

All North Carolina School of Advanced Bodywork classes will begin on time as published.

If a student is tardy:

- 3 classes:** Student must sign a notice of probationary warning
- 4 classes:** Student will begin probationary period
- 5 classes:** Student will sign a final probationary warning
- 6 classes:** Student will be deferred or be dismissed at the discretion of the Director of Administration

Student Conduct

NCSAB students are expected to meet and maintain proper standards of attendance, conduct, dress, personal hygiene and ethics at all times. Failure to abide by the school's standards of conduct will result in disciplinary procedures being taken, which may include probation, suspension and dismissal. Conduct which would be considered in violation of this policy includes but is not limited to the following:

- Any behavior not in keeping with **NCBTMB Code of Ethics**
- Behavior inconsistent with North Carolina law for Massage Therapists
- Rude or disruptive actions or behavior which infringes on the rights of other students, clinic clients, instructors or administration

- Any actual or perceived act or action, verbal or otherwise, of a threatening, sexual or violent nature
- Confirmed act of dishonesty, i.e. cheating, stealing

Missed Exam Make-Up

If a student misses an exam due to an absence, the student must make up the missed exam prior to re-entering the class in which the exam was missed. The Director of Administration will consider each individual on a case-by-case basis

Failed Exam Make-Up

If a student fails an exam, the student may elect to retake an exam within one week and before re-entering the class in which the exam was failed. If the student fails the exam for a second time, the student must sign up for mandatory tutoring. The Director of Administration will consider each individual on a case-by-case basis.

Dress Code

Students are asked to wear casual, but professional attire during class. No cut-off shorts, revealing tops or bottoms or other inappropriate clothing. Students are expected to wear khaki or black pants (no jeans) or khaki mid-length shorts, their school t-shirt and athletic shoes during off-site field trips and student clinical massages. Students are asked to remove all jewelry and secure long hair away from face prior to the hands-on portion of class.

Hygiene

It is imperative in the massage profession and while in school that therapist practice good hygiene. No heavy perfume or cologne should be worn. We ask that students use deodorant and also be conscious of their breath. Students should refrain from smoking prior to participating in class or contact with clients. Nails will need to be clean, trimmed and filed. We ask students to remember, we are working in very close contact with others and we must be extremely conscious of not being offensive to others. Judgment regarding dress code and hygiene violations will be made by the instructor or an administrative staff member.

Probationary Procedures



Note Of Probationary Warning

A Probation warning will be issued to a student if:

Academic: Grade point average falls below 75% average in any class.

Attendance: Absent and or tardy for more than 3 classes during the length of the course.

Probation

Students will be placed on probation if:

Attendance: Grade point average falls below 70% in any class and / or substandard progress in massage technique classes.

Attendance: Absent / Tardy for more than 4 classes

Conduct: Student not adhering to the school's conduct or dress code policy.

Financial: Payment 10 days overdue.

Probationary Period

Academic: Probationary period will be 21 days from the time of probation notice in which the student must comply with the Academic Standards set by NCSAB (see above). If the Standards are not met within the 21-day probationary period the student will be deferred or dismissed from North Carolina School of Advanced Bodywork. (see Deferral/Dismissal).

Attendance: Probationary period will be for the duration of the program from the date of the 4th absence / tardy.

Conduct: Probationary period will be for the duration of the program from the date of the misconduct

or second violation of the dress code policy.

Financial: Probationary period will begin 10 days after the date of the missed payment. The student will be assessed a late fee (see Administrative Fees) and will be placed on Financial Probation. If the student fails to meet their financial obligation within 5 days, the student will be deferred or dismissed (see Deferral / Dismissal).

Deferral / Dismissal

If a student fails to meet the Probationary requirements they may be deferred:

- To a decelerated program
- To a leave of absence

A **decelerated program** is at the discretion of the Director, a student may be required to reduce their course load. A meeting with the student to discuss this option will be scheduled. Final approval by the Director is binding.

A **leave of absence** can occur when a student requests to discontinue their training temporarily. The request must come from the student in writing. A leave of absence form must be completed with effective date and expected date of return. A student may not accumulate more than 180 days leave of absence in a twelve month period and completion of the program must occur within 1.5 times the enrolled program length. Failure to return at the specified time will result in dismissal.

A **dismissal** of a student from North Carolina School of Advanced Bodywork may occur due to failure to meet the probationary requirements resulting in the student not being in good standing with the standards of the school such as; conduct attendance, finance, and academic. School administration will review each case individually. Official dismissal acceptance date will be considered the last date for actual class attendance. Students have the right to appeal any probationary or dismissal action and may present their case in writing to the Director of Administration. The Director will

consider each case individually and respond within 5 business days. The Director's decision will be final.

Reinstatement

A student who has been dismissed due to lack of satisfactory academic progress or attendance violations may request readmission after a minimum of 90 days and a maximum of 180 days. Re-admittance will be at the discretion of the administration. Following re-admittance the student will be placed on academic and or attendance probation for the first reporting period. A student who is re-admitted must enroll under the terms of the most current catalog. The student will be responsible for any cost increase or changes in course requirements since their previous enrollment.

Academic Grading Scale

Written and practical exams are scored and recorded as follows. Practical exams are standard in the massage field and are the combination of subjective and objective measurements of the student's abilities by the evaluator. Minimum grade point average of 2.0 on a scale of 4.0 is required.

For grade point calculations the average score for all exams and re-takes will be used. NCSAB reserves the right to limit the number of retakes for failed exams.

Score	Letter	Points
90-100	A	4
80-89	B	3
70-79	C	2
0-69	F	0

Administrative Grades

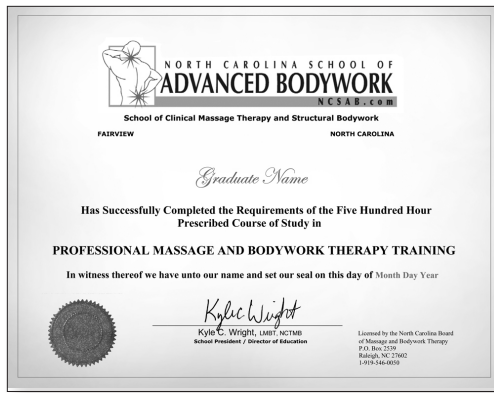
- W Withdrawal:** Student who has withdrawn with authorization from administration
- WF Withdrawal/Failure:** Given to students who cease to attend classes without first obtaining authorization from administration.
- ST Satisfactory Transfer:** Satisfactory completion based on previous course work or transfer equivalent

- I Incomplete:** An incomplete may be given at discretion of Director for course work not completed. Deficiencies not corrected within 30 days become an "F"

Progress reports will occur in all courses at 25%, 50%, 75%, and 100% of completion. All student records of academic progress will be kept confidential and maintained by the school. Students may review their records, upon written request to the Administration. An official transcript indicating completion will be issued to the student upon graduation.

North Carolina School of Advanced Bodywork does not offer non-credit remedial classes. The school recognizes the highest grade for any course of work or classes repeated. Course repetitions are only allowed if completion of the program occurs within 1.5 times the enrolled program length.





Graduation Requirements

Program completion has occurred when the student has:

- Completed 500 in-class hours
- Satisfied all academic requirements for each course
- Fulfilled all financial obligations to North Carolina School of Advanced Bodywork

Upon graduation, the student will be awarded a Certificate of Completion and all official applications for the State Approved Examination and State license will be provided. **Completion of the Professional Clinical Massage Therapy Program will not guarantee licensure or employment within the field of massage therapy.**

The North Carolina School of Advanced Bodywork makes no claim or guarantee that credit earned will transfer to another institution. If a student plans to transfer, it is advised that the other institution is notified and its requirements are established.

Student Complaint / Grievance Procedure

Any student grievance will be, if possible, handled between fellow students and / or instructors

within their class. When necessary, grievances will be documented and handled through the Director's office within 5 business days.

*Students may contact the NC Board of Massage and Bodywork Therapy if necessary to resolve an issue.

Post Office Box 2539

Raleigh, NC 27602

(919) 546-0050

Unlawful to Practice Without a License

Pursuant to the NC Massage and Bodywork Therapy Practice Act Article 36 90-623. License required.

(a) A person shall not practice or hold out himself or herself to others as a massage and bodywork therapist without first applying for and receiving from the Board a license to engage in that practice.

* Students while performing massage as part of their curriculum may never solicit or receive compensation of any kind for such services.

** Students who perform massage as a part of their curriculum (whether on or off the school premises) must wear a nametag identifying themselves as students and naming the school that enrolls them.

Denial of License

Pursuant to N.C.G.S. 90-629.1, the North Carolina Board of Massage and Bodywork Therapy may deny a license to practice massage and bodywork therapy if an applicant has a criminal record or there is other evidence that indicates the applicant lacks good moral character.



Student Services

Student Services

The North Carolina School of Advanced Bodywork strives daily to set our students up for SUCCESS! We offer information on apartments and housing in the area, academic advising to help our students stay on the success track, tutorial services, and one on one marketing and/or placement assistance. See Administration for an appointment with the Campus Director.

Student Advisement And Tutoring

Student Advisement and Tutoring services are offered to NCSAB students based on the following options:

Faculty and/or Administration are available to advise students on a wide variety of concerns and points of interest regarding NCSAB's program and the field of Massage Therapy

Faculty tutors are available in all subject areas, both lecture and technique. Fees for tutoring by faculty members are \$30.00 per hour of instruction.

Study group facilitators—advanced students may volunteer to lead study groups. The practice is encouraged.

Drug awareness policy—At orientation, entering students are briefed and given information regarding drug and alcohol use.

Library

A lending and reference library containing books, video and audio tapes, and computer programs are available for student use during business and class hours. NCSAB students and alumni may check out library books in two-week intervals. A late fee of \$.50 per day is charged for overdue books.

Career Services

The North Carolina School of Advanced Bodywork

believes in introducing their staff members as well as current student and professional massage therapists into the community. This allows for opportunities to meet employers and work toward building relationships that benefit all our graduates. Some methods used to become involved include field trips, internship, health fairs, career days, surveys and guest lectures.

Although the school can not guarantee employment to its graduates, it does solicit potential employers to inform the school of job opportunities. Reasonable effort will be made to assist in securing employment for those who need placement assistance.

State Requirements for Licensure:

(Pursuant to NC Board of Massage and Bodywork Rules)

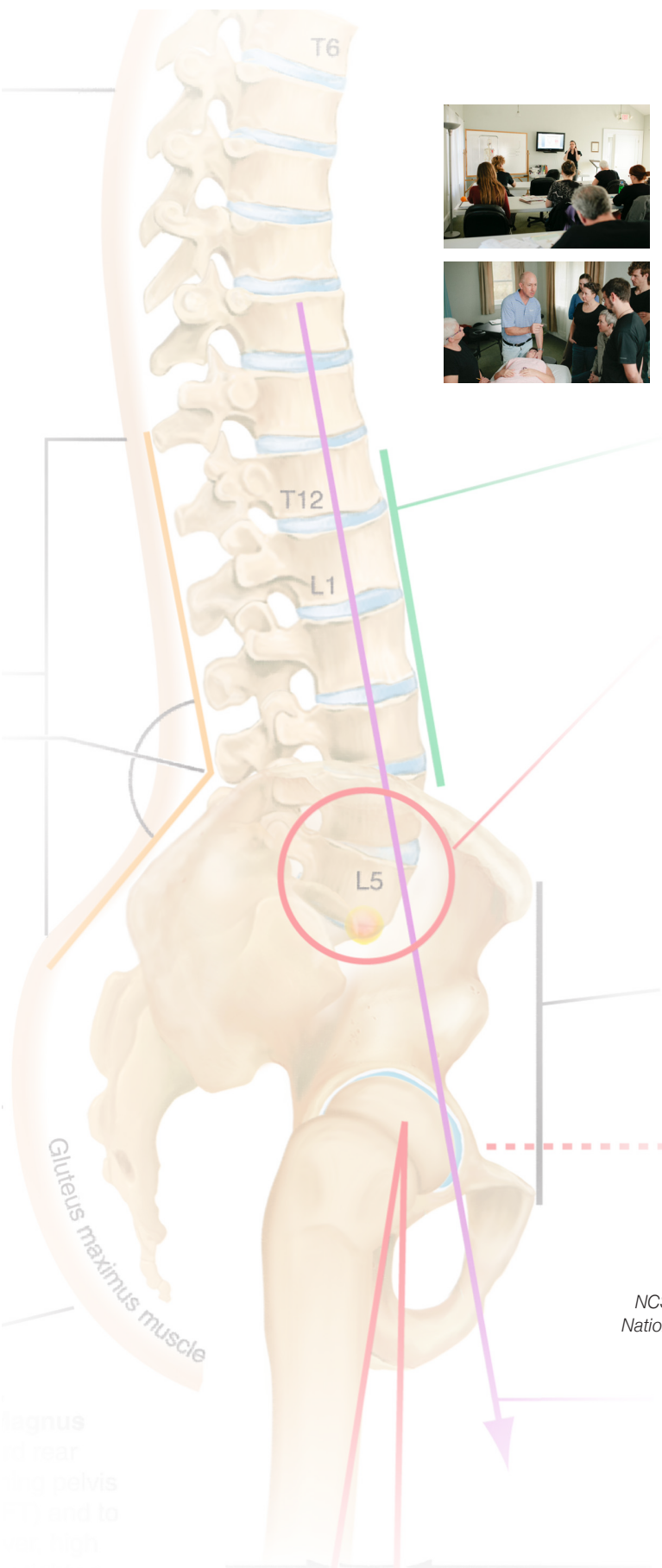
Each applicant for licensure to practice Massage and Bodywork in North Carolina must provide documentation of:

- Being 18 years or older
- A high school diploma or equivalent
- Successful completion of a course of study in a Board Approved school consisting of a minimum of 500 hours of supervised instruction.
- A passing score on the Exam for approved for Licensure.
- Four Licensed Massage and Bodywork Therapists or other licensed health care practitioner attesting to the applicant's good moral character and adherence to ethical standards. (Form Provided)
- Submit a complete application with appropriate fee and attachments.
- Provide a complete set of fingerprints for the Board to submit for applicant's state and national background check

Continuing Education Courses

NCSAB is proud to offer our graduates the *Advanced Bodywork Seminars* taught by Kyle Wright. They are 1 Day Training Courses which provide 7 CEU's. Please see ncsab.com for more details.

Open to all Healthcare practitioners: LMBT, DC, PT, ATC-C, MD's, and many more.



It is with great pleasure that we share our knowledge, experience, and practical skills with you. I commend you for inquiring about our course of study and the massage therapy profession, and I sincerely hope that together we may continue to enlighten the world about the value of massage therapy in our health care system today and into the future.

- Kyle C. Wright, LMBT

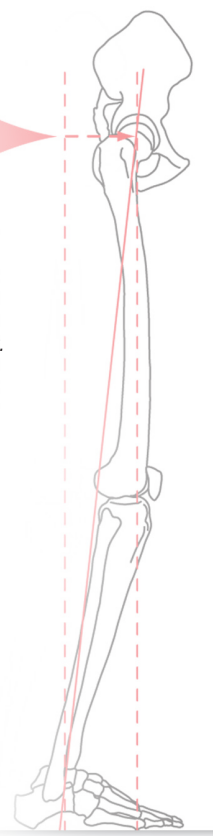


NCSAB is an approved provider for continuing education for the National Certification Board For Therapeutic Massage & Bodywork. For more information on our CE courses and Kyle Wright's Advanced Bodywork Seminars

Approved by the
**NORTH CAROLINA BOARD OF
 MASSAGE & BODYWORK THERAPY**



Graduates of NCSAB are eligible to take the North Carolina's approved exam for licensure as well as the exam for National Certification.



No possible way to go wrong when studying Bodywork with this man. Fantastic courses and a realistic approach in studying methods of chronic pain patterns.

CHRISTOPHER COLE

This school educates you excellently on the required Swedish massage AND most importantly Bodywork! Terrific lectures! Life-changing demonstrations where you for yourself can see the students' posture gets increasingly better! The teachers are amazing! You not only get to know from the best of the best, but you get to have an amazing bond with each one of them as you get so much one on one time! They know their anatomy forwards and backwards! I highly recommend this school to anyone that wants to be a one in a million massage and bodywork therapist!!! Trust me... I'm a graduate from NCSAB!

SAVANNAH STEFFEN

I will forever be appreciative to Kyle Wright and the entire staff of NCSAB. My experience there has given me the opportunity to finally love what I do! I feel I earned an education in bodywork that is second to none. The advantage of having a school of this caliber in the Asheville area is truly amazing!! I still miss being in class! Forever Grateful!

CRICKET HAAKE,
2011 GRADUATE



North Carolina School of Advanced Bodywork, Inc.

820 Tyvola Road, Suite 203
Charlotte, NC 28217

P: 980-224-8449

E: admissions@ncsab.com www.NCSAB.com

